

Name:

Date of Birth:

YOUR UPCOMING SURGERY INFORMATION

Your Surgery Date:

Your Surgery Arrival Time:

Location: M/S Surgery Center

Telephone:

Surgeon:

Expect your stay to be between 3 to 5 hours.

Please call our surgery center if you are unable to keep your surgery date.

GETTING READY FOR EYE SURGERY

- **PLEASE do not eat or drink anything after 11pm the night before your surgery.**
- It is advisable to shampoo your hair the day before your surgery.
- Wear loose, comfortable clothing; something easy to slip in and out of. Slip-on shoes are encouraged.
- Do not wear any make up or jewelry and leave your valuables at home.
- Dentures may be kept in.

DRIVING

- Please plan on having a driver bring you and pick you up on your surgery day. Make sure that you have the phone number for the person driving you. It is good to have at least the cell and the home or work numbers for this person if we need to call them when you are ready to be picked up.
- You will not be allowed to drive yourself home.
- You may need assistance for several hours after your surgery. If possible, arrange for someone to help you when you get home.
- No driving for 24 hours after surgery.

USING EYE DROPS

You will have 3 different eye drops to use 3 times a day in the operating eye.

Vigamox eye drops (antibiotic eye drops). It may be substituted with Zymar or generic Ciloxan.

Durezol eye drops (steroid eye drops). It may be substituted for Pred Forte 1%, or generic Prednisolone 1%.

Nevanac eye drops (anti-inflammatory eye drops). It may be substituted for Generic Acular or Acular LS.

- Shake the bottles really well before you use them.
- Place one drop from each of the three bottles, 3 times a day for 3 days before your surgery.
- Only use the drops in the eye that will be operated on and avoid getting drops in your other eye.
- It doesn't matter which eye drop you put in first.
- **PLEASE BRING IN ALL OF YOUR EYE DROPS THE DAY OF SURGERY AND THE DAY AFTER SURGERY.**
- Resume all of the 3 prescribed eye drops after your patch is removed the next day. Continue to use the eye drops until all 3 bottles are empty.

YOUR PRESCRIPTION AND OVER THE COUNTER MEDICATIONS

HEART AND BLOOD PRESSURE MEDICATIONS

- You may take your heart or blood pressure medications the morning of your surgery. Take it with only a sip of water.

DIABETIC MEDICATIONS

- Do not take any diabetic medications (oral or injectable) on the morning of your surgery, unless told otherwise.
- Bring your diabetic medications with you. You may resume them immediately after the surgery.

BLOOD THINNERS / PAIN /and ARTHRITIS MEDICATIONS

- Please tell us about any blood thinning medication you are taking, including any Aspirin, Motrin, Advil or Ibuprofen. We will advise you on the proper use of these medications prior to surgery.
- It is okay to use Tylenol.

GLAUCOMA MEDICATIONS

- On the morning before the surgery, do not use any glaucoma drops to the eye that will be operated on. Continue using your glaucoma drops in the other eye.
- After your surgery, we will advise you when to resume the Glaucoma drops to the operated eye.

OTHER MEDICATIONS: Notify us before your surgery if you are taking any of the following:

- Herbal supplements, vitamins, or special teas/drinks.
- Antidepressants, antibiotics or any other medication.
- Medications that are administered via a patch on your skin.

Place all of the medications that you currently take in a bag including your eye drops and bring them with you to surgery. Your admitting nurse needs to know exactly what medications you take each day.

I have read and received a copy of these instructions.

Patient's Signature (or person authorized to sign for patient)

Date

Witness

Date